# PLAYA GRANDE BEACH CLUB

# WHAT TO DO

# ON PROPERTY

## SURFING & BODY BOARDING

Surfing and body-boarding are the best suited for Playa Grande, a mecca for experienced surfers who like to a catch a session of big waves. The country's highest ranked surfers are from the nearby towns and own and operate the Playa Grande Surf Shack which offers daily lessons for all experience levels. \$60/hour

## NATURE HIKE

In the hills above Playa Grande is an expansive national nature preserve. Cristian will take you on a hike through the hills and show you local plants, flowers, and lore. This 45-minute hike requires a medium level of agility. \$10/adult, \$5/child

#### PERSONAL TRAINING SESSIONS

Enjoy the natural setting as Irma (a licensed massaged therapist and personal trainer) takes advantage of beach trees, paths, and the natural surroundings for unique, dynamic workouts. Sessions are 1-on-1 or larger, as per your request and will be tailored to individual levels and goals. (Advance notice required.) \$120/hour

## SPA & MASSAGE SERVICES

Susana Day Spa provides in-house services. Massages are offered privately in your bungalow or near the beach. \$75/hour

#### TENNIS

Play a match on our har-tru court nestled in the woods along the landscaped paths and trails of Playa Grande. Schedule a court time or lesson. Let us know if you would like us to connect you with other guests looking for a game. (To play with an instructor, advance notice is required.) Adults: \$45/hour to play with pro Adults: \$75/hour lesson with pro Children: \$45/per hour lesson with instructor (\$30/additional child)

## DANCE LESSONS

Learn merengue, salsa, and bachata with Yulissa and Ferlon. \$40/1-hour class, per person (for 2 or more people)

#### BASEBALL OR SOFTBALL

Baseball is the Dominican pastime. Attend a local game and they might even let you play!

## YOGA

Enjoy yoga in the open air with Jess as she leads individual or group practice yoga sessions. \$160/one hour private class (1-2 people) \$210/one hour group class (3-6 people) \$290 one hour group class (7 or more people)

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# JUST DOWN THE ROAD...

Does not include transportation costs, which very depending on your choice of vehicle.

## HORSEBACK RIDING

Ride through the surrounding area, though the hills, caves, rivers, and beaches. Please let us know your experience level first. (10 minute drive from Playa Grande) \$75/per person for 2 hours \$100/per person for 3 hours to ride through the mountains

## WATERFALL

Tucked into the hill in Cabrera just 20 km from Playa Grande is a beautiful waterfall. Feel free to bathe down below or, for more fun you can pay locals to jump off the waterfall into the pool below. (15 minute drive from Playa Grande) *Free* 

# LAGUNA GRI GRI BOAT TOURS

Located in the nearby town of Rio San Juan. Explore the lagoon in small-captained wooden boats to take in this Dominican national while enjoying a spectacular sunset. Daytime rides can be complemented with snorkeling exploring caves and swimming through schools of fishes. We will send snacks and cocktails to enjoy! (5 minute drive from Playa Grande) \$85 for a 40 minute tour up to 6 people 10 people or more \$10/pp

# LAGO DUDU & BLUE LAKE

Experience a traditional cenote (a deep water sinkhole). Soar across the turquoise waters and explore nearby caves, swimming or on foot. (20 minute drive from Playa Grande) \$5/per person on your own or \$15/per person with our guide

## FISHING TRIPS

A truly local fishing boat experience! Leave from the Laguna Gri Gri in Rio San Juan with a local fisherman. You will fish with a nylon string in typical Dominican fashion. We'll send sandwiches, as the trip lasts from approximately 7:30 am-1:30 pm. \$60 for 2 people + \$20/additional person

Local shore fishing—try it Dominican style. Walk right up to the ocean's edge with a length of fishing string wrapped around a soda bottle and try your luck. Kids' favorite!

# SNORKELING

You will leave from the Laguna Gri Gri in Rio San Juan and travel through El Caleton beach and hidden caves and arrive in a natural pool. We will send fruit to feed the fish! \$60/per person for 2 hours

## KAYAKING

You will leave from a local ranch in Rio San Juan and cruise over 1.5 kilometers of beach where you will arrive at a mangrove in a lagoon with a variety of local fish, birds, and crustacean life. \$65/per person for 2 hours

# PADDLEBOARDING

You will leave from a local ranch in Rio San Juan and cruise over 1.5 kilometers of beach where. For the more adventurous, you can arrive to the Laguna Gri Gri. \$65/per person for 2 hours